

# MOUNTAIN PARK

JUNIOR LESSONS

Class	Day	Time	Pro	Spaces	MARCH	APRIL	MAY/JUNE	
<b>FOUNDATIONS</b>								
<b>Red Ball</b>	Red 1*	Mon	3:30-4:30	Colin/Owen	12	\$92.00	\$92.00	
	Red 2/3	Th	3:30-4:15	Owen/Momo	12	\$51.00	\$68.00	
	Red 2/3	Su	1:00-1:45	Owen	6	\$51.00	\$68.00	
<b>Orange</b>	Orange 2/3	Mon	3:30-4:30	Matt	6	\$92.00	\$92.00	
	Orange 1*	Wed	3:30-4:30	Owen	6	\$69.00	\$115.00	
	Orange 1*	Fri	3:30-4:30	Matt	6	\$69.00	\$92.00	
	Orange 2/3	Fri	4:30-5:30	Gaby	6	\$69.00	\$92.00	
	Orange 2/3	Sun	2:00-3:00	Owen	6	\$69.00	\$92.00	
	Orange 1*	Sun	3:00-4:00	Owen	6	\$69.00	\$92.00	
<b>Green</b>	Green 2/3	Th	4:30-5:30	Riley	6	\$69.00	\$92.00	
	Green 1*	Fri	5:30-6:30	Gaby	8	\$69.00	\$92.00	
	Green 2/3	Sat	11:30-12:30	Henry	6	\$92.00	\$92.00	
	Green 1*	Sun	3:15-4:30	Matt	6	\$84.00	\$112.00	
<b>CHALLENGERS</b>								
<b>Futures</b>		Thurs	4:30-5:45	Owen	6	\$84.00	\$112.00	
		Fri	4:30-5:45	Matt	6	\$84.00	\$112.00	
		Sat	2-3:15	Keyan	6	\$112.00	\$112.00	
		Sun	10:15-11:30	Andrew	6	\$84.00	\$112.00	
	(Girls Group)	Sun	4:30-5:45	Momo	6	\$84.00	\$112.00	
<b>Satellite</b>		Mon	4:30-5:45	Henry/Owen	12	\$112.00	\$112.00	
		Wed	4:30-5:45	Owen	6	\$84.00	\$112.00	
		Sat	12:45-2	Keyan	6	\$112.00	\$112.00	
		Sun	2-3:15	Matt	6	\$84.00	\$112.00	
<b>The Academy at Mountain Park (Requires Pro Approval)</b>								
<b>Performance 2*</b>		Mon	6-7:15	Andrew	6	\$112.00	\$112.00	
		Tues	6-7:15	Matt/Henry	18	\$84.00	\$140.00	
		Thurs	5:45-7	Gulsu/Owen	12	\$84.00	\$112.00	
		Sat	3:15-4:30	Keyan	6	\$112.00	\$112.00	
<b>UTR 1.5 - 2.99/HS Junior Varsity</b>		Sun	11:30-12:45	Matt/Owen	12	\$84.00	\$112.00	
<b>Performance 1*</b>		Tues	4:30-6	Andrew/Matt/Henry	15	\$135.00	\$225.00	
		Thurs	4:30-6	Andrew/Henry/Momo	15	\$135.00	\$180.00	
	<b>UTR 3 - 4.99/HS Varsity</b>		Sun	11:30-12:45	Andrew	5	\$120.00	\$160.00
	(Girls Group)		Sun	5:45-7	Momo	5	\$120.00	\$160.00
<b>High Performance*</b>		Mon	4:30-6:00	Andrew	8	\$135.00	\$240.00	
		Tues	6-7:30am	Colin/Owen	8	\$135.00	\$225.00	
		Wed	4:15-5:45	Andrew	8	\$135.00	\$225.00	
	<b>UTR 5+</b>		Thurs	6-7:30am	Colin/Owen	8	\$135.00	\$180.00

Minimum 4 registrants to hold class  
 Participants will be signed up automatically for all 3 months  
 Contact pro by 20th of the month to cancel following month registration  
 Class placement finalized/approved by tennis professional

## SPRING TERM TENNIS 2025

March 1 - 31

\* No Lessons 3 / 22 - 28 **MP**  
 \* No Lessons 3 / 22 - 30 **WH**

April 1 - 30

May 1 - June 8 **MP**

May 1 - June 14 **WH**

\* No Lessons 5 / 24 - 26 **MP / WH**

REGISTER VIA  
 YOUR  
**WAMCLUBS APP**  
 OR ONLINE AT  
**WAMCLUBS.COM**

Questions?  
[colin.gillam@wamclubs.com](mailto:colin.gillam@wamclubs.com)

**WH Lessons**

- Participants will be signed up automatically for all 3 months
- Minimum 4 participants to hold classes



Class	Day	Time	Club	Spaces	March	April	May/June 14	Pro
<b>FOUNDATIONS</b>								
<b>Red Ball</b>	Mon	3:45-4:45p	WH	5	\$108.00	\$108.00	\$135.00	Quintin
	Wed	3:45-4:45p	WH	5	\$81.00	\$135.00	\$162.00	Vetu
	Thu	3:45-4:45p	WH	4	\$81.00	\$108.00	\$189.00	Vetu
	Sat	9-10a	WH	5	\$81.00	\$108.00	\$162.00	Brian
	Sun	12-1p	WH	4	\$81.00	\$108.00	\$135.00	Taylor
<b>Orange Ball</b>	Mon	4:45-5:45p	WH	6	\$92.00	\$92.00	\$115.00	Quintin
	Thu	4:45-5:45p	WH	6	\$69.00	\$92.00	\$161.00	Vetu
	Sat	10-11a	WH	6	\$69.00	\$92.00	\$138.00	Brian
	Sun	1-2p	WH	6	\$69.00	\$92.00	\$138.00	Taylor
<b>Green Dot</b>	Wed	4:45-5:45p	WH	6	\$69.00	\$115.00	\$138.00	Vetu
	Sat	11-12p	WH	6	\$69.00	\$92.00	\$115.00	Brian
	Sun	12-1p	WH	6	\$69.00	\$69.00	\$92.00	Quintin
<b>Yellow Ball</b>	Sat	12-1pm	WH	6	\$69.00	\$92.00	\$138.00	Brian
	Sun	12-1p	WH	6	\$69.00	\$92.00	\$115.00	Quintin
<b>CHALLENGERS</b>								
<b>High School Satellite</b>								
	Mon	5:45-7p	WH	10	\$99.00	\$112.00	\$140.00	Noah/Taylor
	Sun	9-10a	WH	6	\$69.00	\$92.00	\$115.00	Taylor
<b>WEST HILLS ACADEMY</b>								
<b>Pro Invite Only</b>								
	Mon	4-5:45p	WH	12	\$171.00	\$228.00	\$285.00	N/V/T
	Wed	4-5:45p	WH	12	\$114.00	\$285.00	\$342.00	N/T/Q
	Thu	4-5:45p	WH	12	\$114.00	\$228.00	\$399.00	N/T/Q

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April 1 - 30

May 1 - June 8 **MP**

May 1 - June 14 **WH**

\* No Lessons 5 / 24 - 26 **MP / WH**



- Participants will be signed up automatically for all 3 months
- Minimum 4 participants to hold classes

## JUNIOR LESSONS

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YOUR  
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OR ONLINE AT  
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Questions?  
dave.edwards@wamclubs.com

**MP Lessons**



## **RED BALL**

This class is for the junior just getting started. The focus is on fun, mobility, eye/hand coordination, and introduction to the sport. Grips and basic swing paths are introduced, along with appropriate listening skills and interactions with classmates. 36" court, 21"-23" racquets required. Players should be able to rally with some success before advancing to orange ball. Ages 5-9.

## **ORANGE BALL**

Techniques continue from red ball with age appropriate skills. Players should be consistent with ready positions and split steps. Proper grips and stroke fundamentals are being formed for groundstrokes, volleys, overheads and serves. 23"-26" racquets required and 60' court is used. Ages 7-12.

Orange ball....10+ For the player, ages 10 and above, who are getting started with the game. Players provided progress.

## **GREEN DOT**

These players are physically ready and able to move to the full (78' court). Proper grips and stroke techniques are now solidified, and able to serve from the baseline with continental grip. Players can feed and rally with specific direction. These players know the rules and etiquette, and can use spin and placement to construct points. These players begin to show match play interest, and practice on their own with friends and family. 25"-26" racquets recommended, ages 9-14. Players provided progress reports.

## **FUTURES**

Players progress from the green dot to yellow ball on the full (78' court). Green dot balls will continue to be used to solidify stroke techniques and implement strategies. Practice outside of play and match/tournament play encouraged. Ages 10-14

Futures HS (High School).....geared to the HS aged Futures players.

Players provided progress reports.

## **HS SATELLITE**

This class is for the HS-aged advanced beginning and intermediate player looking ahead to high school and tournament competition. Ages 13-17.

## **PERFORMANCE, HIGH PERFORMANCE, TOURNAMENT ELITE**

These three classes are for the player focused on tennis as their sport. A positive attitude, strong and consistent work ethic, and willingness to be coached are expected. Tournament play, practice outside of class and/or private lessons expected.

Player registration is by pro staff invitation. Pro staff will determine appropriate skill level and class placement.